$39.99

Carex Pedal Exerciser W/Digital Display

Get exercise for your arms or legs. The digital display shows time, repetitions and calories burned. Convenient straps are there to secure your feet to the pedals.

- Conveniently exercise anywhere with this portable pedal exerciser
- Supports muscle toning and stimulates circulation
- Digital readout tracks time and counts calories
- Adjustable resistance as your limb strength increases
- Folds for easy storage and portability
- No assembly required
- Dimensions: 9.5” x 18.50” x 14.5”

Model/Product #P554-00 – Black

UPC - 023601935540

Only authorized customers (Veterans enrolled in V A Health Care, their families, caregivers, V A employees, V A volunteers and visitors) may shop or dine with VCS.

NordicTrack

$1,159.99

NordicTrack A.C.T. Elliptical

Get all the low-impact, calorie-burning workout of a traditional elliptical takes in half the length on the A.C.T. elliptical. With a center drive and square foot print, it offers significant stability with a much smaller footprint. And, with an adjustable stride, OneTouch™ Controls and AutoBreeze™ Workout Fan, it delivers serious comfort and convenience. Your workout options are expansive with 26 onboard workouts designed by a Certified Personal Trainer, plus the ever-growing workout library of iFit® technology, which includes Jillian Michaels workout programs.

- 18, 20, 22" Adjustable Stride Concentrate on select muscle groups for intense results with the manual adjustable stride.
- Track your workout progress on easy to read your resistance, time, distance, pulse and calories burned
- iFit® *Compatible tracks your progress, replicate real-life runs with Google Maps™, train with Jillian Michaels, and custom-tailor your workouts
- 26 Workout Apps - choose from 13 calorie and 13 performance wor out apps.
- AutoBreeze™ Workout Fan
- Music Port Compatible with iPod® **
- Dual Grip CardioGrip™ Heart Rate Monitor
- Oversized Cushion Pedals
- OneTouch™ Resistance Controls

Specifications:

- 22 Digital Resistance
- 20 lb. Effective Inertia Enhanced Flywheel
- Soft Touch Upper Body Grips
- Water Bottle Holder
- Transport Wheels to quickly move your elliptical from room to room
- User Capacity accommodates up to 350 lbs.
- Lifetime Frame Warranty, 2-Year Parts Warranty and 1-Year Labor Warranty.

* Requires iFit® wireless module which is sold separately. Buy an iFit® wireless module and get a one-year iFit® subscription for FREE! Get the infinite benefits that come from training with iFit® Technology today.

** iPod® is a trademark of Apple, Inc., registered in the U.S. and other countries. iPod® not included.

Model/Product #6-23896
UPC - 043619639438

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NordicTrack

$1,159.99

Nordic Track E 9.0 Elliptical

23952 NordicTrack® E 9.0 Elliptical Engineered with a True Elliptical Stride Path for a Natural Feel Get a low-impact, total-body workout that more closely mimics your natural stride on the E 9.0 elliptical. Engineered with a true elliptical pattern that feels more like a running stride. Add your tablet, and you 're on your way to your fitness goals. An integrated tablet holder merges your files with your fitness, bringing work, entertainment and more to a convenient and secure eye level. Plus, iFit® technology delivers a new workout of the day, every day, and offers custom workout routes by Google Maps that mimic the terrain by automatically adjusting resistance and incline - all while tracking every mile and every workout.

- 26 preloaded workout apps let you shake things up, from beginner to advanced
- 6" backlit LCD display gives you a real-time view of your stats and goals
- Plug in your iPhone or iPad to charge up and blast your favorite workout playlist
- BLE heart rate monitor compatible over Bluetooth (not included
- 22 digital resistance levels paired with 20" adjustable power stride give you control over your workout
- Oversized cushioned foot pedals help reduce joint impact and give you better footing
- AutoBreeze fan keeps you cool while you feel the burn
- Dual grip CardioGrip heart rate monitor set in the handles lets you track your heart rate
- Water bottle holder comes standard
- 325 lb. weight limit
- Measures 67.1" x 25" x 69.1"
- Lifetime warranty on frame, 2 year warranty on parts, 1 year warranty on labor

* iFit® compatible machines require an iFit® wireless module, which is sold separately. Purchase a wireless module and get a free one-year iFit® subscription.

** iPod® is a trademark of Apple Inc., registered in the U.S. and other countries. iPod® not included.

*** BLE is a registered trademark of Bluetooth SIG. BLE heart rate monitor sold separately.

Model/Product #6-23952

UPC - 043619543520

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NordicTrack

$1,139.99

NordicTrack C 700 Treadmill

The ultimate runner's machine, the NordicTrack C700 auto adjustable treadmill features a longer and wider, 20-inch by 60-inch deck for more space to stretch your stride. Whether you walk, jog or run – this treadmill accommodates your style with speeds up to 12 miles per hour that can be changed at a button's touch. Comfort and reliability combine as a 2.75 CHP motor powers your workout while FlexSelect™ Cushioning lets you adjust the deck to a hard or soft running surface.

The automatic adjusting NordicTrack treadmill equipped with iFit® technology, lets choose or create running routes anywhere in the world as it spontaneously adjusts its incline to match the terrain. Enjoy an interactive iFit® training program to get more out of each workout and sign up for a wireless module to imitate real trials with Google Maps™, train with Jillian Michaels, and custom-tailor your workouts. Get onboard the C700 to reach your goals quicker.

- Powerful 2.75 CHP DurX™ motor with DualFlex™ cushioning that protects your back and joints
- 6" backlit display to track your speed, time, distance, pulse and calories burned
- Ease in working out with 1-Touch™Speed and Incline Controls
- Compatible with iFit®* interactive training program and iPod plug in
- Built-in 24 workout programs targeting calorie, intensity and incline
- Rug, jog or sprint with the 0 – 12 MPH speed and the 0 – 12% incline
- Features a long lasting 20" x 58" belt with 1.9-inch precision machined and balanced non-flex rear roller that is designed to reduce noise and friction, making the machine more durable
- Space saving design with EasyLift™ Assist to fold the deck out of the way
- Accommodates users up to 350lbs.

* Requires iFit® wireless module which is sold separately.

Model/Product #6-24988
UPC - 043619649338

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Norc

$1,139.99 NordicTrack C 800 Treadmill

features adjustable cushioning so you can choose to soften the impact on your joints or go for a firmer surface that mimics the road. You can easily adjust the speed and incline with the OneTouch button control. The C 800 treadmill is compatible with iFit®* technology that delivers running routes by Google maps that simulate the terrain of any trail. A six-inch backlit LCD monitor displays your workout stats including calories burned, speed, distance, time and heart rate. It is also BLE compatible and works with many wireless chest straps (sold separately) to monitor your heart rate.
24 Workout Apps Choose from calorie-burn, intensity, heart rate, incline and speed workouts designed by a Certified Personal Trainer.

- Extra large 20” x 60” running belt gives you plenty of room
- SpaceSaver® Design with EasyLift™ to your treadmill up and out of the way
- Speed range is from 0 to 12 mph
- Incline can be set up to 12 degrees
- 2.75 CHP motor runs smoothly and quietly
- AutoBreeze™ Workout Fan to keep you cool
- Treadmill can hold up to 325 lbs
- Dimensions: 35.75” X 78.3” X 56.4”
- Warranty Lifetime: Frame & Motor 2-Year Parts 1-Year Labor

* iFit® compatible machines require an iFit® wireless module, which is sold separately. Purchase a wireless module and get a free one-year iFit® subscription.

** iPod® is a trademark of Apple Inc., registered in the U.S. and other countries. iPod® not included.

*** BLE is a registered trademark of Bluetooth SIG. BLE heart rate monitor sold separately.

Model/Product #6-25018

UPC - 043619696752

Only authorized customers (Veterans enrolled in V A Health Care, their families, caregivers, V A employees, V A volunteers and visitors) may shop or dine with VCS.

$67.99

Spirit Fitness Mbs2 - 8″ Yoga Strap, Yoga Bag Lavender/Silver, Yoga Mat 24″ X 69″ X 6mm Lavender/Silver

This strap is durable and highest quality with 244 cm long straps to allow the maximum potential for poses. The soft material yoga bag allows for ease of use and the adjustable strap bag is made to fit any yoga mat.

- T026002-8” yoga strap
- T024002-lavender/silver yoga bag
- T022002-lavender/silver 6mm yoga mat
- Latex/phthalate free eco-friendly design mat
- Perfect mat for all skill levels

Model/Product #918 – Lavender/Silver
UPC - 682500357794

$79.99

Spirit Fitness Ab Package

Sliders are made for use on all surfaces and are great for lunges, ab workouts and increasing flexibility. Exercise ball increases core stability, enhance balance and tone the core. The ab wheel allows for a complete abdominal workout. Brake to enhance and vary training with the ab wheel.

- T008002 ab sliders
- T002002 exercise ball-65cm
- T003002 advanced ab wheel with brake
- Pump included for exercise ball

Model/Product #913
UPC - 682500357756

Only authorized customers (Veterans enrolled in V A Health Care, their families, caregivers, V A employees, V A volunteers and visitors) may shop or dine with VCS.

$112.99

Spirit Fitness Ultimate Yoga Pkg 1

This 2 sided color design mat with non-slip traction is the perfect mat for all skill levels. The soft material yoga bag allows for ease of use. The adjustable strap bag is made to fit any yoga mat. The 244cm long strap allows maximum potential for poses. A customized personal workout DVD is included.

- T022001 lemon/teal yoga mat 5mm
- T024001 lemon/teal yoga bag
- T026002 8" yoga strap
- T026001 yoga mat towel
- T021001 yoga block
- DVD 104 wake up body workout DVD
- Durable easy to clean microfiber material towel
- Elite standard supportive foam yoga block

Model/Product #910 – Lemon/teal
UPC - 682500357725

$122.99

Spirit Fitness Ultimate Yoga Pkg 2

This 2 sided color design mat with non-slip traction is the perfect mat for all skill levels. The soft material yoga bag allows for ease of use. The adjustable strap bag is made to fit any yoga mat. The 244cm long strap allows maximum potential for poses. A workout DVD is included.

- T022012 yoga mat 24" x 69" x 6mm silver/ash
- T024001 yoga bag lemon/teal
- T026002 8" yoga strap
- T026001 yoga mat towel
- T021001 yoga block
- DVD104 wake up body DVD
- Durable easy to clean microfiber material towel
- Elite standard supportive foam yoga block

Model/Product #911
UPC - 682500357732

Only authorized customers (Veterans enrolled in V A Health Care, their families, caregivers, V A employees, V A volunteers and visitors) may shop or dine with VCS.

$399.00

Spirit Fitness Xterra Rower

There are 8 manual resistance levels, a 5-function 3.7" LCD console and textured hand grip for comfortable grip. For comfort of the user, there's an ergonomically molded seat and textured hand grips.

- Magnetic / air resistance
- Folds quickly & easily for storage
- Extruded aluminum rail w/steel supports
- Large pivoting footplates with straps
- Transport wheels for added mobility

Model/Product #ERG200
UPC - 795447120960

$399.00

Xterra Elliptical

Use 23 different programs including: 12 preset, 4 user, 5 heart rate, 1 body fat and 1 manual. Challenge yourself with 24 electronic resistance levels. The EKG heart rate grips are conveniently located on the handlebars.

- 3.7" blue backlit LCD display
- Audio jack & speaker w/mp3 compatibility
- 6.5" chrome three-piece crank
- Oversized pedals with adjustable straps
- Transport wheels & self-levelers

Model/Product #FS150
UPC - 795447115065

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$399.00

Spirit Fintess Xterra Recumbent Bike

This bike has a convenient step through design for easy entry and exit with an easily adjustable seat that fits users of all sizes. Uses 23 different programs including: 12 preset, 4 user, 5 heart rate, 1 body fat and 1 manual. Challenge yourself with 24 electronic resistance levels. The EKG heart rate grips are conveniently located on handlebars.

- 3.7" blue backlit LCD display
- Audio jack & speaker w/mp3 compatibility
- 6" one-piece crank
- Oversized pedals with adjustable straps
- Transport wheels & self-levelers

Model/Product #SB150
UPC - 795447115362

$399.00

Spirit Fitness Xterra Elliptical

The new Xterra elliptical features non-impact, total body training. Featuring synchronized upper and lower body movement, this elliptical has 13 programs: 2 heart rate control, 1 user-defined and manual. Challenge yourself with 16 levels of resistance to provide a variety of exercise options. The magnetic resistance system is friction-free.

- Ergonomic 14" stride length
- Large 5"x 2.5" LCD display
- Can be used in forward or reverse direction
- Oversized pedals and front transport wheels
- Weight limit: 250lbs
- Hand grip pulse sensors to monitor heart rate

Model/Product #FS1.5E – Black / Gray
UPC - 795447115027

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$499.00

Spirit Fitness Xterra Recumbent Bike

This bike has a convenient step through design for easy entry and exit and an easily adjustable seat to fit users of all sizes. Uses 23 different programs including: 12 preset, 4 user, 5 heart rate, 1 body fat and 1 manual. Challenge yourself with 24 resistance levels. The EKG heart rate grips are conveniently located on the handlebars.

- 5.5" blue backlit LCD display
- Audio jack & speakers w/mp3 compatibility
- 7" disc crank
- Oversized pedals with adjustable straps
- Transport wheels & self-levelers

Model/Product #SB250
UPC - 795447125361

$499.00

Spirit Fitness Elliptical By Xterra Fitness

The free style 3.0 elliptical provides a great, non-impact total body workout. The programs include: 1 manual, 12 preset, 1 user, 1 hr and 20 levels of resistance. The handlebars are soft with cushioned padding.

- 16" stride length
- 5.5" blue backlit LCD display console
- Oversized pedals and 22lb flywheel
- Transport wheels and self-levelers
- Audio input jack and speakers
- 300lb weight capacity

Model/Product #FS3.0 – Black / Gray
UPC - 795447130037

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$599.00

Spirit Fitness Xterra Rower

Rowing is the best low-impact, full-body workout available. This rower features a silky smooth aluminum track rail, maintenance free magnetic and air resistance system, and an adjustable angle LCD performance monitor with 16 levels. Performance monitors display elapsed time, stroke count, distance, calories, strokes/min, and watts.

- Comfort molded high density foam seat
- Padded handles
- Heavy-duty steel frame with 5-year warranty
- 1-year warranty on all other parts
- 250 lbs. max user weight

Model/Product #ERG400 – Black / Gray

UPC – 795447140944

$599.00

Spirit Fitness Xterra Indoor Cycle

The wireless LCD console displays time of day, stopwatch, timer, current speed, max and average speed, distance and calories. Turn the knob for a micro adjustment on resistance.

- 48.4 lbs.
- Steel flywheel system
- Cushioned racing saddle
- Standard and SPD pedals
- Heavy-duty steel frame with lifetime warranty
- 1-year parts
- 1-year in-home labor
- 250 lbs. max user weight

Model/Product #MB500 – Black / Gray

UPC - 795447151346

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$999.00

Spirit Fitness Treadmill By Xterra Fitness

The new Xterra trail racer has a soft cushioned deck to minimize impact. It reduces stress on joints. The programs include: manual, 6 preset, 2 user. Remote controls or quick touch keys can be used for speed/incline. The frame was designed for foldup w/ lift assist storage.

- 2.25 CHP drive motor
- 20” x 55” deck
- 6.5” blue backlit LCD console
- Contact heart rate
- Speed: 0.5-10 mph
- Incline: 0-10%
- Max user weight 300lbs
- Audio input jack and speakers

Model/Product #TR3.0 – Black / Gray
UPC - 795447130839

$999.00

Spirit Fitness Elliptical By Xterra Fitness

The new Xterra free style elliptical features non-impact, total body training. Burn calories and improve your cardiovascular conditioning. The programs include: 1 manual, 5 preset, 2 user. There are20 levels of resistance.

- Ergonomic 18” stride
- 21lb flywheel
- 6” blue backlit LCD display
- Contact heart rate
- Oversized pedals with 2 degree inversion
- Audio input jack and speakers
- Weight capacity-325lbs

Model/Product #FS4.0 – Black / Gray
UPC - 795447140036

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$999.00

Spirit Fitness Xterra Recumbent Bike

Specifically designed for the home environment, the SB500 incorporates numerous thoughtful features that were developed with your performance and comfort in mind. The walk-through frame design, large mesh back seat, smooth friction-free drive system, and large blue backlit LCD display all contribute to an exceptional ride experience. The programs include: 1 manual, 7 preset, 2 user, 2 hr programs, and 20 levels of resistance.

- 6.5" blue backlit LCD
- 22lb Steel flywheel system
- lifetime frame and brake warranty
- 3-year parts warranty
- 1-year in-home labor warranty
- 300 lbs. max user weight

Model/Product #SB500 – Black / Gray

UPC - 795447150349

$1125.00

Spirit Fitness Treadmill By Xterra Fitness

The new trail racer TR6.4 treadmill has an extra soft cushioned deck to minimize impact which reduces stress on joints. The programs include: manual, 5 preset, 2 user. Use the remote control or the quick touch keys to adjust the speed/incline.

- 2.75chp drive motor
- 20" x 58" deck
- 6.5" blue backlit LCD console
- Speed-0.5-12mph
- incline-0-12%
- Foldup w/lift assist storage
- Audio input jack and speakers
- Max user weight: 325lbs

Model/Product #TR6.4 – Black / Gray

UPC - 795447164834

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